anuary	TUEODAY	WEDNESDAY	THURODAY	EDIDAY
IONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	7	8	9	1
	VEF	V GF	V EF GF DF	EF GF
No School	Cheese Pizza	cheese, egg and potato fritatta	Veggie Fried Rice with Tofu	Chicken tortilla soup
Staff Professional Day	Fruit and Vegetable	Fruit and Vegetable	Fruit and milk	Corn bread
Staff Frotessional Bay	Milk	Milk		Fruit and Milk
	PILIK	THIN		Truit and thin
	Cluton From Available			
	Gluten Free Available			
13	3 14	15	16	1
V EF	EF	V GF EF	EF DF GF	V EF GF
Cheese Pizza	TACO TUESDAY!	Cream of rice with berries	Thai chicken curry with veggies	Vegetable Minestrone
Fruit and Vegetable	Pollo Asado (chicken in a zesty marinade	Granola and yogurt	Rice	Slipper Bread
Milk	fixings (sour cream, cheese, salsa)	fruit and vegetable	Fruit and Milk	Fruit and Milk
TIIIK	Flour Tortillas	milk	Tructum Time	Trate and Time
Gluten Free Available	Fruit and vegetable	Hillik		
Oluteiti Tee Avallable	Milk			
	FIIIK			
20	21	22	23	2
	V FF		VEF	V EF GF
No School	Cheese Pizza	Savory tart-bacon, cheese and greens	Pesto pasta	Potato Leek soup
Martin Luther King Jr Day	Fruit and Vegetable	fruit and vegetable	Fruit and Vegetable	Slipper Bread
Martin Luther King of Day	-	Milk	Milk	
	Milk	Pilik	PIIIK	Fruit and Vegetable
	01.5 4.711			Milk
	Gluten Free Available			
2'	7 28	29	30	3
V EF	VEF	VEF	EF EF	V EF GF
Cheese Pizza	TACO TUESDAY!	Pizza bagels	Penne pasta with pork ragu	white bean soup with parmesan and kale
Fruit and Vegetable	black bean, cheese and rice burritos	Fruit and vegetable	fruit and vegetable	Slipper Bread
Milk	· · · · · · · · · · · · · · · · · · ·	Fruit and vegetable Milk	milk	fruit and milk
I'IIK	Fixings (salsa, sour cream)	l'illik	тик	Truit and milk
	fruit and vegetable	I		
Olistan Francisco III	91			
Gluten Free Available	milk			

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