

January				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
No School Staff Professional Day	TACO TUESDAY! EF GF Ground beef and crunchy shells fixings (sour cream, cheese, salsa) Fruit and Vegetable Milk	V GF cheese, egg and potato fritatta Fruit and Vegetable Milk	V EF GF DF Veggie Fried Rice with Tofu Fruit and milk	EF GF Chicken tortilla soup Corn bread Fruit and Milk
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
V EF Cheese Pizza Fruit and Vegetable Milk Gluten Free Available	EF TACO TUESDAY! Pollo Asado (chicken in a zesty marinade fixings (sour cream, cheese, salsa) Flour Tortillas Fruit and vegetable Milk	V GF EF Cream of rice with berries Granola and yogurt fruit and vegetable milk	EF DF GF Thai chicken curry with veggies Rice Fruit and Milk	V EF GF Vegetable Minestrone Slipper Bread Fruit and Milk
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
No School Martin Luther King Jr Day	V EF Cheese Pizza Fruit and Vegetable Milk Gluten Free Available	Savory tart- bacon, cheese and greens fruit and vegetable Milk	V EF Pesto pasta Fruit and Vegetable Milk	V EF GF Potato Leek soup Slipper Bread Fruit and Vegetable Milk
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>
V EF Cheese Pizza Fruit and Vegetable Milk Gluten Free Available	V EF TACO TUESDAY! black bean, cheese and rice burritos Fixings (salsa, sour cream) fruit and vegetable milk	V EF Pizza bagels Fruit and vegetable Milk	EF Penne pasta with pork ragu fruit and vegetable milk	V EF GF white bean soup with parmesan and kale Slipper Bread fruit and milk

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