April

	Tuesday	Wednesday	Thursday	Friday
	1	**2**	**3**	**4**
	TACO TUESDAY! V EF	V EF	EF (mayo on the side)	EF GF (soup only)
	Bean and cheese quesadillas	Cheese Pizza	BYO turkey sammies	White Chicken Chili
	fixings (sour cream, salsa)	Fruit and Vegetable	with cheese, lettuce, tomato, mayo,	Slipper Bread
	fruit and vegetable	Milk	mustard	Fruit and Vegetable
	milk		veggies and milk	
		Gluten Free Available	**Gluten free available**	
7	**8**	**9**	**10**	**11**
Cobb Salad (chicken, egg, cheese, romaine, avocado, red onion with ranch)	TACO TUESDAY!	V EF		**HALF DAY – Professional Day**
	V EF GF	Cheese Pizza	V EF DF (soup only)	V
Milk	Bean and Rice burrito bowl	Fruit and Vegetable	Tomato Soup and Grilled cheeses	Baked French Toast
	fixings (sour cream, salsa)	Milk	fruit and milk	Apple Sauce, yogurt and veggies
	fruit and vegetable			
Vegetarian available	milk	**Gluten Free Available**		
V **14**	**15**	**16**	**17**	**18**
Baked French Toast	TACO TUESDAY! EF	V EF	V EF	V EF GF
Apple Sauce and Yogurt	chicken mole, cheese and rice burritos	Cheese Pizza	Pesto Pasta!	Vegetable minestrone with beans
Vegetable and milk	Fixings (sour cream, salsa)	Fruit and Vegetable	Fruit and Vegetable	slipper bread
	fruit and vegetable	Milk	Milk	milk
	milk			
		Gluten Free Available		
	Vegetarian available			
21	**22**	**23**	**24**	**25**
V EF GF	TACO TUESDAY! EF	V EF	V EF DF GF	V EF DF GF
Oatmeal with fresh berries	potato and chorizo tacos	Cheese Pizza	Tofu fried rice with vegetables	Black Bean soup
yogurt, granola, maple	Flour tortillas	Fruit and Vegetable	fruit and milk	corn bread
Vegetable and Milk	fixings (cheese, sour cream, salsa)	Milk		fruit and vegetable
				milk
		Gluten Free Available		
	Vegetarian available			
28	**29**	**30**		
V EF	TACO TUESDAY! EF	V EF		**DIETARY KEY**
Pasta with Marinara	Ground Beef and Crunchy Shells	Cheese Pizza		
Fruit and Vegetable	Fixings (cheese, sour cream, salsa)	Fruit and Vegetable		V - Vegetarian
Milk	fruit and vegetable	Milk		EF - Egg Free
	milk			GF- Gluten Free
		Gluten Free Available		DF- Dairy Free
	Vegetarian available			

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